

Dear parents/guardians:

As part of our Rachel's Challenge Program in the Freedom Area School District, the middle school will be holding a "Pay-It-Forward" Assembly on Tuesday, March 1st. This will be a building-wide event including all students in grades 5 through 8. The theme will promote a culture of kindness and compassion among our school community, through five specific challenges which include **#1-CHOOSE POSITIVE INFLUENCES, #2-SPEAK WITH KINDNESS, #3-LOOK FOR THE BEST IN OTHERS, #4-DREAM BIG, and #5-START YOUR OWN CHAIN REACTION.** The students, along with faculty and administration, will participate in fun grade-level activities, listen to keynote speakers, and watch inspirational videos. This will be followed by a regularly scheduled advisory period, which will give students the opportunity to reflect on the challenges presented and put them into practice with each other.

These events will take place in the gymnasium (similar to a pep-rally) and advisory time will be in the classrooms as usual. It will last from approximately 12:00 PM to 2:30 PM on this day. Prior to the assembly, students will follow an abbreviated schedule including all of their daily classes. We are looking forward to sharing together with our students in a positive and encouraging manner, and to be reminded about how our district brings the community together. If, for any reason, you would prefer that your son or daughter not participate please let the middle school office staff know by Monday, February 29th. Also, if you have any questions feel free to contact your child's grade-level counselor. Otherwise, all students will be included in what promises to be a refreshing, pick-me-up experience for all!

Sincerely,

The Middle School Counseling Department

Mrs. Susan Suleski

Mr. Randal Perkins